



BFHN RESOURCE LIST

Courageous Conversations Protocol

<https://iel.org/sites/default/files/G10-courageous-conversation-protocol-overview.pdf>

Podcasts:

- Code Switch
- 1619
- Still Processing
- The Nod
- The United States of Anxiety
- Pod Save the People
- Nice White Parents

Films:

- 13th
- Rosewood
- I Am Not Your Negro
- Selma
- Glory
- Good Hair
- Dear White People
- Just Mercy
- Fruitvale Station
- When The Levees Broke

Videos:

- Uncomfortable Conversations with a Black Man
<https://www.youtube.com/watch?v=h8jUA7JBkF4>
- Systemic Racism Explained -https://www.youtube.com/watch?v=YrHIQIO_bdQ&t=1s
- Jane Elliot's Blue Eyes/Brown Eyes Exercise -
<https://www.youtube.com/watch?v=jPZEJHJPwlw>

Books/Readings:

“How to be an Antiracist” by Ibram X. Kendi

“Between the World and Me” by Ta-Nehisi Coates

“White Fragility by Robin DiAngelo

“Why are all the Black Kids Sitting Together In the Cafeteria?” By Beverly Daniel Tatum

Legislation against hair discrimination: <https://www.thecrownact.com/>

American History To Research

- The Middle Passage
- Black Wall Street/Tulsa Race Massacre
- MOVE Bombing, Philadelphia, PA
- Redlining
- Red Summer of 1919/ Chicago Race Riots