



NFHCA DEI COMMITTEE – Resource List

This resource list has been compiled by the NFHCA Diversity, Equity and Inclusion (DEI) Committee and is not exhaustive, both in topic and number of resources. A resource list from our member colleagues can be useful in the inclusion and education of members and is to be utilized as a tool for growth.

Inclusive Language:

- **Websites**
 - American Psychological Association: [Bias-Free Language](#)
 - American Psychological Association: [Equity, Diversity, and Inclusion: Inclusive Language Guidelines](#)
 - NCAA: [Inclusion: Guidance on Inclusive Language](#)
- **Books**
 - *Inclusion on Purpose: An Intersectional Approach to Creating a Culture of Belonging at Work* by Ruchika Tulshyan
 - *Inclusive Conversations: Fostering Equity, Empathy, and Belonging Across Differences* by Mary-Frances Winters
 - *I Never Thought of It That Way: How to Have Fearlessly Curious Conversations in the Blind Spot: The Hidden Biases of Good People* by Mahzarin R. Banaji
- **Podcasts**
 - Apple Podcasts: [The Diverse Minds Podcast - #37 Why bother with Inclusive Language](#)
 - Brené Brown: [Dare to lead with Brene Brown - Inclusion on Purpose with Ruchika Tulshyan](#)
 - Buzz Sprout: [The UWaterloo Alumni Podcast - Uncharted: Inclusive language and sustainability feat. Tracelyn Cornelius](#)
- **Ted Talks: [Ted Talks](#)**
 - Camelia Bui: Inclusive language
 - Rebecca Knill: How technology has changed what it's like to be deaf
 - Faheed Saeed: The importance of using Inclusive language
- **Other Resources**
 - ICF Coaching Education: [Resource Guide on Diversity and Inclusion for Coaching Education Providers](#)

Abilities:

- **Websites**
 - USA Field Hockey
 - All Starz Program: <https://www.teamusa.org/usa-field-hockey/edi/all-starz>

- ParaHockey: <https://www.teamusa.org/USA-Field-Hockey/ADM/Competition-for-Development/ParaHockey>

Race:

- Books
 - *How to be an Antiracist* by Ibram X. Kendi
 - *One Person, No Vote* by Carol Anderson
 - *Stamped* by Jason Reynolds and Ibram X. Kendi
 - *The New Jim Crow* by Michelle Alexander
- Podcasts
 - Gimlet Media: [Uncivil](#)
 - Harvard Kennedy School: Carr Center for Human Rights Policy: [Justice Matters](#)
 - NPR Podcast Directory: [Code Switch](#)
 - NY Times Audio Series: [1619](#)
 - Spotify: [About Race](#)
 - Spotify: [Intersectionality Matters](#)
 - Spotify: [While Black](#)
 - Unbothered Network: [Jemele Hill is Unbothered](#)
- Websites
 - AACAP: [Asian American and Pacific Islander Resource Library](#)
 - A Long Talk: <https://www.alongtalk.com>
 - [BU Center for Antiracist Research](#)
 - FAPAC: [Federal Asian Pacific American Council](#)
 - [Ibram X. Kendi](#)
 - Jen Fry Talks: <https://jenfrytalks.com/>
 - Project Implicit: [Implicit Bias Test](#)
 - Rise To Win: <https://risetowin.org/index.html>
 - Stand Against Hatred: [Asian Americans Advancing Justice](#)
 - United Nations: [United Nations: Fight Racism](#)

Gender:

- Movies & Television
 - Documentary: <http://transthemovie.com/>
 - Prime Video: Southern Comfort
 - TLC: I am Jazz
- Social Media
 - Handle: Outforthewin | nonprofit organization
 - Handle: pinkmantaray | Schuyler Bailar
 - Handle: thepatmanuel | Patricio "Pat" Manuel
- Educational Resources
 - Campus Sports Pride Index: <https://www.campusprideindex.org/sports>
 - InReach: <https://inreach.org/>
 - NCAA: [NCAA Inclusion of Transgender Student-Athletes](#)
 - Return on Inclusion: <https://www.roinclusion.com/>
 - TransAthlete.com: <https://www.transathlete.com/home>

Sexuality:

- Books
 - *In the Game: Gay Athletes and the Cult of Masculinity* by Eric Anderson
 - *Strong Women, Deep Closets: Lesbians and Homophobia in Sport* by Pat Griffin
 - *The reappearing Act: Coming Out as Gay on a College Basketball Team Led by Born-Again Christians* by Kate Fagan
- Movies Podcasts
 - Documentary: [Forbidden Games: The Justin Fashanu Story](#))
 - Documentary: [Game Face](#)
 - Apple Podcast: [LGBTQ Sports Podcast](#)
- Membership Organizations & LGBTQ Resources
 - Athlete Ally: <https://www.athleteally.org/>
 - The Trevor Project: <https://www.thetrevorproject.org/>
- Educational Resources
 - NCAA Publications: [Champions of Respect – Inclusion of LGBTQ Student-Athletes and Staff in NCAA Programs](#)
 - NCAA Publications: [5 Ways to have an LGTBQ-inclusive athletics department](#)
 - NCAA: [NCAA Inclusion Webpage](#)

International Coaches

- Websites
 - Sherrod Sport Visas: <https://www.sherrodsportsvisas.com>
 - US Citizenship and Immigration Services: [USA Citizenship and Immigration Services](#)
 - Visa Guide World: <https://visaguide.world>

Mental Health

- Websites
 - Athletes For Hope: www.athletesforhope.org
 - Athlete Mental Health Company: www.athletementalhealthco.com
 - Support for Sports: <https://www.supportforsport.org/>
- Books
 - *Mindfulness for Student Athletes* by Gina Biegel & Todd Corbin
 - *The Champions Mind* by Jim Afremow
 - *Grit* by Angela Duckworth
 - *Wooden* by John Wooden
 - *Legacy* by James Kerr
- Documentaries
 - Implicit/Unconscious Bias

Religion

- Book
 - *Proud* by Ibtihaj Muhammad
- YouTube
 - YouTube: Religion of Sports: We Are the People: <https://www.youtube.com/watch?v=w3XwGtKUvHQ>

- **YouTube: When Religion and Sport Collide:**
<https://www.youtube.com/watch?v=D5ocpV5w2Xw>
- **Article**
 - **Play By the Rules:** <https://www.playbytherules.net.au/resources/articles/religious-inclusion>
- **Blog Article**
 - **Sport Speakers 360:**<https://www.sportsspeakers360.com/blog/religion-in-sports>

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